The quantum-to-classical transition of primordial cosmological perturbations

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Problem of the quantum-to-classical transition

According to inflation theory the large scale structure arises from quantum vacuum fluctuations.

- \rightarrow How do the quantum fluctuations become classical fluctuations?
- \rightarrow How does the vacuum state of the perturbations, which is homogeneous and isotropic, gives rise to perturbations which are inhomogeneous and anisotropic?

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According to standard quantum theory this can only be achieved by collapse of the wave function. But collapse is supposed to happen upon measurement. But when exactly does a measurement happen?

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- \rightarrow Is especially severe in cosmological context! Which processes count as measurement in the early universe?

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Possible solutions:

collapse theories (Sudarsky!), many worlds, de Broglie-Bohm theory

Outline

- Introduction to de Broglie-Bohm
- Illustration of problem: inverted harmonic oscillator
- Discussion of cosmological perturbations.

Non-relativistic de Broglie-Bohm theory

(a.k.a. pilot-wave theory, Bohmian mechanics, ...)

- De Broglie (1927), Bohm (1952)
- Point particles guided by wave function.
- Dynamics:

- Wave
$$\psi(\mathbf{x}_1, \dots, \mathbf{x}_n, t)$$
:
 $i\hbar \partial_t \psi = \left(-\sum_{k=1}^n \frac{\hbar^2}{2m_k} \nabla_k^2 + V\right) \psi$

- Particles positions $\mathbf{x}_1(t), \ldots, \mathbf{x}_n(t)$:

$$\frac{d\mathbf{x}_k}{dt} = \mathbf{v}_k^{\psi}(\mathbf{x}_1, \dots, \mathbf{x}_n, t) = \frac{1}{m_k} \boldsymbol{\nabla}_k S(\mathbf{x}_1, \dots, \mathbf{x}_n, t), \qquad \psi = |\psi| e^{iS/\hbar}$$

• Double Slit experiment:



• Quantum equilibrium:

Consider an ensemble of systems with wave function ψ , and particle distribution $\rho(x)$.

Quantum equilibrium if $\rho(x) = |\psi(x)|^2$.

 \rightarrow Standard quantum theory emerges in quantum equilibrium.

 \rightarrow Deviations from standard quantum theory in non-equilibrium ($\rho(x) \neq |\psi(x)|^2$).

Relaxation, $\rho(x) \rightarrow |\psi(x)|^2$ (Valentini & Westman, 2004):



• Quantum equilibrium is preserved by the particle motion because it satisfies the continuity equation:

$$\partial_t |\psi|^2 + \sum_{k=1}^n \nabla_k \cdot (\mathbf{v}_k^{\psi} |\psi|^2) = 0$$

 \rightarrow For other Schrödinger equations, the continuity equation of $|\psi|^2$ may be used to find a suitable guidance law.

That is

$$\partial_t |\psi|^2 + \operatorname{div} j^\psi = 0$$

suggests the guidance law

$$\dot{X} = \frac{j^{\psi}}{|\psi|^2}$$

(treatment of arbitrary Hamiltonians: Struyve & Valentini (2009))

• Classical limit:

$$\begin{split} \dot{\mathbf{x}} &= \frac{1}{m} \boldsymbol{\nabla} S \qquad \Rightarrow \qquad m \ddot{\mathbf{x}} = -\boldsymbol{\nabla} (V + Q) \\ \psi &= |\psi| e^{\mathbf{i}S/\hbar}, \qquad Q = -\frac{\hbar^2}{2m} \frac{\nabla^2 |\psi|}{|\psi|} = \text{quantum potential} \end{split}$$

Classical trajectories when $|\nabla Q| \ll |\nabla V|$.

• Emergence of time:

Suppose

$$\widehat{H}\Psi(x_1, x_2) = 0$$

and de Broglie-Bohm trajectories $x_1(t), x_2(t)$.

Wave function for system 1:

$$\psi(x_1,t) = \Psi(x_1,x_2(t))$$

- \rightarrow may have non-trivial time dependence
- \rightarrow may satisfy time dependent Schrödinger equation.

(see e.g. work by P. Peter, N. Pinto-Neto, ...)

Quantum field theory

- De Broglie-Bohm theory can be extended to quantum fields (see Struyve (2010), (2011) for reviews)
- E.g. scalar field:

Hamtonian:

$$\widehat{H} = \frac{1}{2} \int d^3x \left(\widehat{\pi}^2 + \nabla \widehat{\phi}^2 + m^2 \widehat{\phi}^2 \right)$$

Functional Schrödinger picture:

$$\widehat{\phi} \to \phi \,, \qquad \widehat{\pi} \to -\mathrm{i} \frac{\delta}{\delta \phi} \,, \qquad \Psi(\phi, t) = \langle \phi | \Psi(t) \rangle$$

$$i\frac{\partial\Psi}{\partial t} = \frac{1}{2}\int d^3x \left(-\frac{\delta^2}{\delta\phi^2} + \nabla\phi^2 + m^2\phi^2\right)\Psi$$

Continuity equation:

$$\frac{\partial |\Psi|^2}{\partial t} + \int d^3x \frac{\delta}{\delta\phi(\mathbf{x})} \left(\frac{\delta S}{\delta\phi(\mathbf{x})} |\Psi|^2\right) = 0, \qquad \Psi = |\Psi| e^{\mathbf{i}S}$$

Guidance equation:

$$\dot{\phi}(\mathbf{x}) = \frac{\delta S}{\delta \phi(\mathbf{x})}$$

Inverted harmonic oscillator (e.g. Albrecht et al. 1994)

$$H = \frac{p^2}{2} - \frac{q^2}{2} \tag{1}$$

Classical trajectories:

$$q = Ae^{t} + Be^{-t}, \qquad p = Ae^{t} - Be^{-t}$$
$$q \approx p \approx Ae^{t} \qquad \text{for} \qquad t \gg 1 \qquad \Rightarrow \qquad \text{squeezing}$$



Quantum mechanics

Squeezed state:

$$\psi(q,t) = N \exp\left(-\frac{(B-iC)}{2}q^2 - i\frac{B}{2}t\right)$$
$$N = \sqrt{\frac{B}{\pi}}, \qquad B = \frac{1}{\cosh 2t}, \qquad C = \tanh 2t$$

Note

$$\Delta q^2 = \frac{1}{2B}, \qquad \Delta p^2 = \frac{B}{2} + \frac{C^2}{2B}$$

For $t = 0$: $\Delta q^2 = \frac{1}{2}, \qquad \Delta p^2 = \frac{1}{2}$
For $t \gg 1$: $\Delta q^2 \gg 1, \qquad \Delta p^2 \gg 1$

- \rightarrow Initially minimum uncertainty in q and p. However, both spread in time!
- \rightarrow The wave function is not peaked around a classical trajectory! How can it correspond to a classical system?

Common classicality arguments

1. Commuting observables

Heisenberg operators:

$$\widehat{q}(t) = \widehat{q}(0) \cosh t + \widehat{p}(0) \sinh t, \qquad \widehat{p}(t) = \widehat{q}(0) \sinh t + \widehat{p}(0) \cosh t$$

For $t \gg 1$:
$$\widehat{q}(t) \approx \widehat{p}(t) \approx \frac{1}{2} (\widehat{q}(0) + \widehat{p}(0)) e^t$$

Hence

$$[\widehat{q}(t), \widehat{p}(t)] \approx 0 \qquad \Rightarrow \qquad \text{Classicality}$$

However

 $[\widehat{q}(t),\widehat{p}(t)]=\mathrm{i}\not\approx 0$

Similarly: free particle

Heisenberg operators:

$$\widehat{x}(t) = \widehat{x}(0) + \frac{\widehat{p}(0)}{m}t\,, \qquad \widehat{p}(t) = \widehat{p}(0)$$

For $t \gg 1$:

$$\widehat{x}(t) \approx \frac{\widehat{p}(0)}{m}t$$

Hence

$$[\widehat{x}(t), \widehat{p}(t)] \approx 0 \qquad \Rightarrow \qquad \text{Classicality}$$

However

$$[\widehat{x}(t),\widehat{p}(t)] = \mathbf{i} \not\approx \mathbf{0}$$

Better:

$$\Delta x(t)^2 = \Delta x(0)^2 + \frac{t}{m} \Big(\langle \{ \widehat{x}(0), \widehat{p}(0) \} \rangle - \langle \widehat{x}(0) \rangle \langle \widehat{p}(0) \rangle \Big) + \frac{t^2}{m^2} \Delta p(0)^2$$
$$\approx \Delta x(0)^2 \qquad \text{for} \qquad \frac{t}{m} \ll 1$$

 \Rightarrow No spreading for a very massive particle for short enough times.

2. Wigner distribution:

$$\rho(q, p, t) = \frac{1}{\sqrt{\pi B}} |\psi(q, t)|^2 \exp\left(-\frac{(p - Cq)^2}{B}\right)$$
$$\rightarrow |\psi(q, t)|^2 \delta(p - q) \quad \text{for} \quad t \gg 1$$
(2)

 \rightarrow Is not peaked around a classical trajectory

 \rightarrow But:

- satisfies Liouville equation $d\rho/dt = 0$

- and quantum mechanical expectation values equal classical averages over ρ However, this does not mean classical limit is achieved!

3. WKB limit

With $\psi = |\psi| e^{iS}$:
$$\begin{split} \frac{\partial S}{\partial t} + \frac{(\nabla S)^2}{2} + V + Q &= 0 \ , \\ V &= -\frac{q^2}{2} \ , \qquad Q = \frac{B}{2}(1 - Bq^2) \end{split}$$

$$\frac{\partial S}{\partial t} + \frac{(\nabla S)^2}{2} + V \approx 0 \,,$$

For $t \gg 1$:

 \rightarrow Formally same as classical Hamilton-Jacobi equation But:

Does not imply we can assume a classical trajectory

4. Decoherence

Decoherence due to coupling with other degrees of freedom may yield decomposition of ψ into "classical wave packets". Collapse may select one of these. De Broglie-Bohm description description of the inverted oscillator

$$\dot{q} = \nabla S \qquad \Rightarrow \qquad \ddot{q} = F_C + F_Q$$

Classical force: $F_C = q$ Quantum force: $F_Q = qB^2$ Ratio:

$$\frac{F_Q}{F_C} = B^2 \to 0 \quad \text{for} \quad t \gg 1 \quad \rightarrow \textbf{classical behaviour}$$

More precisely:

$$q(t) \sim \sqrt{\cosh 2t}$$

 $\sim e^t \text{ for } t \gg 1$

Cosmological perturbations

Inflaton field: $\varphi(\mathbf{x}, \eta) = \varphi_0(\eta) + \delta \varphi(\mathbf{x}, \eta)$

Metric with scalar perturbations, in the longitudinal gauge:

$$ds^{2} = a^{2}(\eta) \left\{ [1 + 2\phi(\eta, \mathbf{x})] d\eta^{2} - [1 - 2\phi(\eta, \mathbf{x})] \delta_{ij} dx^{i} dx^{j} \right\},\$$

Gauge invariant Mukhanov-Sasaki variable:

$$y \equiv a \left[\delta \varphi + \frac{\varphi'}{\mathcal{H}} \phi \right],$$

where $\mathcal{H} = \frac{a'}{a}$ is comoving Hubble parameter. Fourier modes:

$$y(\eta, \mathbf{x}) = \int \frac{d^3k}{(2\pi)^{3/2}} y_{\mathbf{k}}(\eta) \mathrm{e}^{\mathrm{i}\mathbf{k}\cdot\mathbf{x}},$$

$$H = \int_{\mathbb{R}^{3+}} d^3k \left[p_{\mathbf{k}} p_{\mathbf{k}}^* + k^2 y_{\mathbf{k}} y_{\mathbf{k}}^* + \frac{z'}{z} (p_{\mathbf{k}} y_{\mathbf{k}}^* + y_{\mathbf{k}} p_{\mathbf{k}}^*) \right] , \qquad z = a\varphi'/\mathcal{H}$$

Classical mode equation:

$$y_{\mathbf{k}}'' + \left(k^2 - \frac{z''}{z}\right)y_{\mathbf{k}} = 0.$$

Physical modes, initially well inside the Hubble radius, i.e. $k|\eta| \gg 1$ or $k^2 \gg z''/z$ or :

$$y_{\mathbf{k}}(\eta) \sim \mathrm{e}^{-\mathrm{i}k\eta} \left(1 + \frac{A_k}{\eta} + \dots \right).$$

At late times, modes outside the Hubble radius, i.e. $k|\eta| \ll 1$ or $k^2 \ll z''/z$:

$$y_{\mathbf{k}}(\eta) \sim \underbrace{A_k^d \eta^{\alpha_d}}_{\alpha_d > 0}$$
 -

 $+ \qquad \underbrace{A_k^g \eta^{\alpha_g}}_{\alpha_g < 0}$

$$pprox A_k^g \eta^{lpha_g}$$

decaying mode

growing mode

Quantum

For product wave functional $\Psi(y,\eta) = \prod_{\mathbf{k} \in \mathbb{R}^{3+}} \Psi_{\mathbf{k}}(y_{\mathbf{k}}, y_{\mathbf{k}}^*, \eta)$:

$$\mathbf{i}\frac{\partial\Psi_{\mathbf{k}}}{\partial\eta} = \left[-\frac{\partial^{2}}{\partial y_{\mathbf{k}}^{*}\partial y_{\mathbf{k}}} + k^{2}y_{\mathbf{k}}^{*}y_{\mathbf{k}} - \mathbf{i}\frac{z'}{z}\left(\frac{\partial}{\partial y_{\mathbf{k}}^{*}}y_{\mathbf{k}}^{*} + y_{\mathbf{k}}\frac{\partial}{\partial y_{\mathbf{k}}}\right)\right]\Psi_{\mathbf{k}}$$

Ground state:

$$\Psi_{\mathbf{k}} = \frac{1}{\sqrt{2\pi}|f_k(\eta)|} \exp\left\{-\frac{1}{2|f_k(\eta)|^2}|y_{\mathbf{k}}|^2 + i\left[\left(\frac{|f_k(\eta)|'}{|f_k(\eta)|} - \frac{z'}{z}\right)|y_{\mathbf{k}}|^2 - \int^{\eta} \frac{d\tilde{\eta}}{2|f_k(\tilde{\eta})|^2}\right]\right\},$$

 f_k a solution to the classical mode equation.

\rightarrow Is two-mode squeezed state.

 \rightarrow Is translationally and rotationally invariant.

De Broglie-Bohm

Guidance equation:

$$y'_{\mathbf{k}} = \frac{\partial S_{\mathbf{k}}}{\partial y^*_{\mathbf{k}}} + \frac{z'}{z} y_{\mathbf{k}}, \qquad \Psi_{\mathbf{k}} = |\Psi_{\mathbf{k}}| \mathrm{e}^{\mathrm{i}S_{\mathbf{k}}}$$

For ground state:

$$y_{\mathbf{k}}(\eta) \sim |f_k(\eta)|$$

 \rightarrow Is in general not translationally or rotationally invariant!

For physical modes, at early times $(k^2 \gg z''/z)$:

$$y_{\mathbf{k}}(\eta) \sim \left(1 + \frac{\operatorname{Re}A_k}{\eta} + \dots\right).$$

 \rightarrow Nearly stationary

At late times, $k^2 \ll z''/z$:

$$y_{\mathbf{k}}(\eta) \sim \eta^{\alpha_g}$$

 \rightarrow Behaves classically at lates time $k^2 \ll z''/z$

Can also be seen from

$$y'_{\mathbf{k}} = \frac{\partial S_{\mathbf{k}}}{\partial y^*_{\mathbf{k}}} + \frac{z'}{z} y_{\mathbf{k}}, \qquad \Rightarrow \qquad y''_{\mathbf{k}} + \left(k^2 - \frac{z''}{z}\right) y_{\mathbf{k}} = -\frac{\partial Q_{\mathbf{k}}}{\partial y^*_{\mathbf{k}}},$$
$$Q_{\mathbf{k}} = -\frac{1}{|\Psi_{\mathbf{k}}|} \frac{\partial^2 |\Psi_{\mathbf{k}}|}{\partial y^*_{\mathbf{k}} \partial y_{\mathbf{k}}}$$

Ratio quantum force $F_{Q,\mathbf{k}}$ and classical force $F_{C,\mathbf{k}}$:

$$\frac{F_{Q,\mathbf{k}}}{F_{C,\mathbf{k}}} = -\frac{1}{4|f_k|^4 \left(k^2 - \frac{z''}{z}\right)} \to 0 \quad \text{for} \quad k^2 \ll z''/z \quad \to \textbf{classical behaviour}$$

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- \rightarrow No appeal to decoherence.
- \rightarrow Decoherence in the field basis will not alter the classicality.

Two-point correlation function

In quantum equilibrium $(\rho(y) = |\Psi(y)|^2)$:

$$\langle y(\eta, \mathbf{x}) y(\eta, \mathbf{x} + \mathbf{r}) \rangle_{\text{dBB}} = \int \mathcal{D}y |\Psi(y, \eta)|^2 y(\mathbf{x}) y(\mathbf{x} + \mathbf{r}) = \frac{1}{2\pi^2} \int dk \frac{\sin kr}{r} k |f_k(\eta)|^2 dk \frac{\sin kr}{r} k |f_k(\eta)|^$$

Is usual expression. (It will correspond to a spatial average under the ergodic assumption.)